



# PROFESSIONAL DEVELOPMENT AT READY TO LEARN PROVIDENCE

## January – March 2019

*To register, please call Ina  
at (401) 276-4820.*

*All classes have been approved  
by the Center for Early Learning Professionals.*

**Classes will be held at One Empire Street,  
5th floor, Room 543, Providence RI**

### Keeping Children Healthy

This series provides an in-depth overview of good health and nutrition practices for infants, toddlers and preschoolers in early childhood settings. The sessions will emphasize the critical role that proper nutrition and sufficient physical activity play in the development of young children.

This class will be held in English and is available to family child-care and center-based providers (with priority given to family child-care providers.)

**Thursdays, 1/24, 1/31, 2/7 and 2/14**  
6:00 pm – 8:15 pm

### Providence Talks 1.0

This 8-session series is for educators who work with infants and toddlers, and provides information and strategies that support the improvement of the language environment for children at a time when development is most critical. Using innovative technology that measures the language environment, educators will learn strategies to improve the quantity and quality of interactions in support of the language development of infants and toddlers. Educators must care for children below the age of 36 months. Providers who complete all 16 hours of training and complete all class expectations will receive a \$200 stipend.

This class will be held in English and is available to infant and toddler educators (both family child care and center-based).

**Mondays, 1/28, 2/4, 2/11, 2/25, 3/4, 3/11, 5/6 and 5/13**  
6:00 pm – 8:00 pm

### Introduction to Child Development

This four-session series provides an overview of children’s growth and development and reviews age-appropriate milestones for children from birth through age five. This series provides information on the sequence of physical, language, thought and emotional changes that occur during early childhood.

This class will be held in English and is available to family child-care and center-based providers (with priority given to family child care).

**Saturdays, 2/23, 3/2, 3/9 and 3/16**  
9:00 a.m. - 11:00 a.m.

